



GRAZE

Local Kitchen · Alberta Inspired · Rustic Comfort Food

BREAKFAST

OUR HOUSE SPECIALS

09AM-12PM

Our House Specials Are Served With Two Free-Run Eggs | Herb Potatoes | Toast*
Gluten-Free Or Sourdough +3*

Graze Egg Classic* | 18

Two eggs any style, maple bacon, sausage or ham

Graze Avocado Toast | 22 | VP

Fried eggs, Sourdough, avocado, tomatoes, spinach, spring onions & Garlic Mayo

Graze Omelette* | 22

Choice of fillings, Onion & Tomato | Ham Or Bacon & Cheese | Spinach & Feta | Mushroom & Cheddar

Shakshuka | 23

A South-African delicacy Eggs poached in tomato onion sauce & spices

Breakfast Burrito | 20

Eggs, bacon or sausage, avocado & cheese with salsa

Graze Breakfast Sandwich | 22

Sunny Side or Over easy eggs, tomato, arugula, maple bacon, swiss & herb Aioli

Poutine Canadienne | 22

Herb potatoes, bacon, sausage, eggs cheese curds, Brisket-5

Vegan Power Bowl | 18

Herb potatoes, greens, falafel, cherry tomatoes, avocado puree

FROM THE GRIDDLE

Very Berry French Toast | 20

Fresh berries, maple syrup, whipped cream

The Easterner | 20

Scrambled eggs and bacon on pancake

Grandma's Buttermilk Pancakes | 17

Three house pancakes , butter, maple syrup

HOUSE BENNY'S

Traditional | 18

Bacon, Spinach & fresh tomato

Farm Fresh | 22

Avocado, tomato, baby spinach, Sundried pesto

Braised Beef Brisket & Mushrooms | 26

Slow braised brisket and grilled mushrooms

DRINKS

Milk | Chocolate | 5.5

Hot Chocolate | 6.5 | Wipped Cream

Mocha Iced Coffee | 8

Iced Coffee | Tea (seasonal) | 6.5

Fresh Orange Juice | 6.5

Juices | 5 Orange | Pineapple | Grapefruit

Refreshers | 8

Flavours Lemonade, Mango, Blueberry, Passion Fruit

Grizzly Paw Craft Soda | 6

Root Beer | Ginger Ale | Cream Soda

MORNING COCKTAILS

Mimosa 5.o.z | 10 | Choice of Orange | Grapefruit |

Pineapple

Shaft | 8 Locally made Espresso | Vodka | Oat Milk

Irish Coffee | 8 Irish Whiskey or Irish Cream |

Coffee & Whipping Cream

Caesar 8 | Vodka, Clamato, Spice Pickled Bean

**SIDES & SUCH : MAPLE BACON 3 STRIPS | 5.5 | MAPLE SAUSAGE | 6 | BEEF BRISKET | 7 | EXTRA EGG | 3
EXTRA SAUCE 2.oz | 2**

**Vegan Possible (VP) & Gluten-Free(Gf) options available | GST Extra | 18% gratuity applies to parties of 6+
Please inform us of any allergies & we will try our level best but allergen-free not guaranteed.**

721 MAIN ST, CANMORE AB-T1L1C7 PH: 403.675.5550



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LUNCH & DINNER

Alberta Brisket Slider | 8 | 22

Braised Brisket, Pickles, Hawaiian Bun Bbq Sauce

Salmon Taco | 8 | 22 | GF

Cajun Spiced Salmon, Slaw, Arugula, Avocado Sauce

Chicken Wings | 19

Choice Of Teriyaki, Garlic Parm, Honey Garlic, Bbq Or Hot Sauce

Chicken Bao Buns | 20

Honey Garlic Chicken, Sriracha Aioli,

Wagyu Dumplings | 19

Seared Dumplings, Spicy Marinara, Parmesan

HANDHELDS

Halal Alberta Beef | Pretzel Bun* | Choice Of Fries, House Salad or Soup

| Extra sauce 2 | Gluten Free Bun \$2 | Sweet Potato Fries | Onion Rings 4 | Poutine 5

The Chucky Stack* | 25 |

Alberta Smash Burger, Bacon, Bbq Sauce, Cheese, Pickle Onions

The Stampede* | 26 |

Bison Patty, Cheddar, Crispy Onions, Dill Pickles, Garlic Mayo

Elk & Apple* | 24

Elk Patty, Feta, Grilled Apples, Arugula, Herb Aioli

Chicken Pesto | 23

Pesto Chicken Breast, Tomato, Parm, Greens

Graze "Beef Dip" | 25

Brisket, Mushrooms, Onions, Cheddar on Schiacciata, Au Jus
(Graze Local Fav), Yellow Mustard

Falafel Wrap | 22 | Vegan

Falafel, Roasted Yams, Greens, Mint Sauce, Add Feta-3

SALADS | ADD ONS- BRISKET 8 | GRILLED CHICKEN 7 | SALMON 8

Classic Caesar | 16

Croutons, Bacon, Parmesan, Caesar Dressing

Roasted Yam & Avocado | 20 |

Arugula, Goat Cheese, Vinaigrette, Berry Compote

Salmon Salad | 25

Seared Salmon, Greens, Tomatoes, Peppers,
Balsamic Dressing

SMALL PLATES

1230PM-8PM

Falafel Balls | 10 | Vegan

Spiced Chickpea Fritters, Mint Sauce

Avocado Toast | 18 | VP

Arugula, Cherry Tomatoes, Feta, Herb Aioli

Perogies | 12

Bacon Crumble, Sour Cream

Poutine | 18

Add Bacon | 6 or Brisket | 7

Soup of the Day | 14

With artisan grilled cheese

GRAZE SPECIALS

Bison Ravioli | 26

Locally made, Sun dried tomato rose sauce, cheese

Pesto Linguine | 24

Cherry tomatoes, Spinach, chili flakes, cheese

Keto Bowl | 26 | Gf | VP

Braised Brisket, Chicken, avocado, cauli, rice, Mint
sauce

Classic Fish & Chips | 23

Beer battered cod, fries, tartar, Slaw-Gf

Salmon Teriyaki Bowl | 26

Seared salmon, rice, avocado, slaw -Gf

KIDS | 17 13yrs & under

Choice Of Fries, Soup, Salad* and Choice of Soda

CLASSIC BURGER 6oz* | Beef, Cheese & Mayo

BACON CHEESE QUESADILLA | Bacon

CHICKEN STRIPS*

GRILL CHEESE WITH BACON OR HAM*

UPGRADE

Craft Soda | Sherly Temple | 6

GRAZE GELATOS | 8 | Ask For Flavours Of The Week

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