



Local Kitchen · Alberta Inspired · Rustic Comfort Food

BREAKFAST

OUR HOUSE SPECIALS

09AM-12PM

Our House Specials Are Served With Two Free-Run Eggs | Herb Potatoes | Toast* & Freshies
Gluten-Free Or Sourdough +3*

Graze Egg Classic* | 18

Two eggs any style, maple bacon,
maple sausage or ham

Graze Avocado Toast | 21 | VP

Fried eggs, sourdough, avocado,
tomatoes, spinach, spring onions & Garlic Mayo

Graze Omelette* | 20

Choice of fillings, Onion & Tomato | Ham Or Bacon &
Cheese | Spinach & Feta |

Shakshuka | 22

A South-African delicacy Eggs poached in tomato
onion sauce & spices

FROM THE GRIDDLE

Very Berry French Toast | 20

Fresh berries, maple syrup, whipped cream

The Easterner | 20

Scrambled eggs and bacon on pancake

Grandma's Buttermilk Pancakes | 17

Three house pancakes , butter, maple syrup

Milk | Chocolate | 5.5

Hot Chocolate | 6.5 | Wipped Cream

Mocka Iced Coffee | 8

Iced Coffee | Tea (seasonal) | 6.5

Fresh Orange Juice | 6.5

DRINKS

Juices | 5 Orange | Pineapple | Grapefruit

Refreshers | 8

Flavours Lemonade, Mango, Blueberry, Passion Fruit

Grizzly Paw Craft Soda | 6

Root Beer | Ginger Ale | Cream Soda

MORNING COCKTAILS

Mimosa 5.o.z | 10 | Choice of Orange | Grapefruit |
Pineapple

Shaft | 8 Locally made Espresso | Vodka | Oat Milk

Irish Coffee | 8 Irish Whiskey or Irish Cream |
Coffee & Whipping Cream

Caesar | Vodka, Clamato, Spice Pickled Bean

SIDES & SUCH : MAPLE BACON 3 STRIPS | 5.5 | MAPLE SAUSAGE | 6 | BEEF BRISKET | 7 | EXTRA EGG | 3
EXTRA SAUCE 2.oz | 2

Vegan(VP) & Gluten-Free(Gf) options available | GST Extra | 18% gratuity applies to parties of 6+
Please inform us of any allergies & we will try our level best but allergen-free not guaranteed.

721 MAIN ST, CANMORE AB-T1L1C7 PH: 403.675.5550



GRAZE

Local Kitchen · Alberta Inspired · Rustic Comfort Food

LUNCH & DINNER

Alberta Brisket Slider | 8 each

Braised Brisket, Pickles, Hawaiian Bun Bbq Sauce

Salmon Taco | 8 each | GF

Cajun Spiced Salmon, Slaw, Arugula, Avocado Sauce

Chicken Wings | 19

Choice Of Teriyaki, Garlic Parm, Honey Garlic, Bbq Or Hot Sauce

Chicken Bao Buns | 17

Honey Garlic Chicken, Sriracha Aioli,

Wagyu Dumplings | 19

Seared Dumplings, Spicy Marinara, Parmesan

HANDHELDS

Halal Alberta Beef | Pretzel Bun* | Choice Of Fries, House Salad or Soup | Extra sauce 2

Gluten Free Bun \$2 | Upgrade To Sweet Potato Fries 3 | Onion Rings 4 | Poutine 4.5

The Chucky Stack* | 23 |

Alberta Smash Burger, Bacon, Bbq Sauce, Arugula, Pickle Onions

The Stampede* | 26 |

Bison Patty, Cheddar, Crispy Onions, Dill Pickles, Garlic Mayo

Elk & Apple* | 24

Elk Patty, Feta, Grilled Apples, Arugula, Herb Aioli

Chicken Pesto | 23

Pesto Chicken Breast, Tomato, Parm, Greens

Graze "Beef Dip" | 23

Brisket, Mushrooms, Onions, Cheddar on Schiacciata, Au Jus (Graze Local Favourite), Yellow Mustard

Falafel Wrap | 20 | Vegan

Falafel, Roasted Yams, Greens, Mint Sauce, Add Feta-3

SALADS | ADD ONS- BRISKET 8 | GRILLED CHICKEN 6 | SALMON 8

Classic Caesar | 15

Croutons, Bacon, Parmesan, Caesar Dressing

Roasted Yam & Avocado | 20 |

Arugula, Goat Cheese, Vinaigrette, Berry Compote

Salmon Salad | 25

Seared Salmon, Greens, Tomatoes, Peppers, Balsamic Dressing

SMALL PLATES

1230PM-8PM

Falafel Balls | 9 | Vegan

Spiced Chickpea Fritters, Mint Sauce

Avocado Toast | 18 | VP

Arugula, Cherry Tomatoes, Feta, Herb Aioli

Perogies | 12

Bacon Crumble, Sour Cream

Poutine | 14

Add Bacon | 6 or Brisket | 7

Soup of the Day | 14

With artisan grilled cheese

GRAZE SPECIALS

Bison Ravioli | 25

Locally made, Sun dried tomato rose sauce, cheese

Pesto Linguine | 24

Cherry tomatoes, Spinach, chili flakes, cheese

Keto Bowl | 26 | Gf | VP

Braised Brisket, Chicken, avocado, cauli, rice, Mint sauce

Classic Fish & Chips | 23

Beer battered cod, fries, tartar, Slaw-Gf

Salmon Teriyaki Bowl | 26

Seared salmon, rice, avocado, slaw -Gf

KIDS | 15 13yrs & under

Choice Of Fries, Soup, Salad and Choice of Soda

CLASSIC BURGER* | Beef, Cheese & Mayo

CHEESE QUESADILLA | Add Chicken 6

CHICKEN STRIPS

GRILL CHEESE WITH BACON OR HAM

UPGRADE

Craft Soda | Sherly Temple | 6

GRAZE GELATOS | 8 | Ask For Flavours Of The Week

Dairy free (DF) Vegan (VP) & Gluten-Free (Gf) options available | GST Extra | 18% gratuity applies to parties of 6+
Please inform us of any allergies & we will try our level best but allergen-free not guaranteed.

721 MAIN ST, CANMORE AB-T1L1C7 PH: 403.675.5550



GRAZE

Local Kitchen · Alberta Sourced · Rustic Comfort Food · Proudly serving since 2016

ALL DAY

LOCAL DRAFT | 16 o.z

Raspberry Ale | Grizzly Paw Brewing Canmore
Powder Hound | Lagered Blonde ale | Grizzly Paw
Brewing Canmore
Juicy Rumor Neipa | Sheepdog Brewing Canmore
Ten Peaks Pale Ale | Canmore Brewing
Rotational Taps Seasonal

SMALL BATCH CANS

Grizzly Shandy | 11 | Grizzly Paw Brewing Canmore
Dino.Sour Ales | 10 | Phillips Brewing Victoria
Tropical IPA | 10 | 88 Brewing Calgary
Crisp Pilsner | 8 | Jasper Brewing
Hazy Blonde ale | 8 | Sawback Brewing Red Deer
Okami Kasu Japanese Ale | 8 | Ol' Beautiful Brewing
Blacksmith Black Ale | 9 | Village Brewing Calgary
Forager Gluten-free Lager | 8 | Whistler Brewing

VIRGIN REFRESHERS

Sapporro Zero | 7
Phillips IOTA Hazy Pale Ale, 0.5% | 7
Asahi Zero Super Dry | 7
Wild Life Distillery Raspberry Margarita | 8
Bulwark Apple Cider | 6
Mocktail Spritz | 8
Flavours Lemonade, Mango, Blueberry, Passion Fruit
Grizzly Paw Craft Soda | 6 |
Root Beer | Ginger Ale | Cream Soda

DRINKS

09AM-08PM

DOMESTIC BEERS

Coors Light | 6 | Michelob Ultra | 6 | Kokanee | 6
Corona | 8 | Guinness | 10 | Radler | 8

CRAFT COCKTAILS & CIDERS

On Tab Rock Creek Apple Cider | 12
Shaft | 6 | Espresso Liqueur
Strawberry Smash | 8 | Vodka | Strawberry Puree

Local Cidery. Small batch. Wild fermented.

Core Value Apples to Oranges | 11
Core Value Return of the Mac | 11

COCKTAIL | 14 | 2.0.Z

Caesar |
Vodka, Clamato, Spice+Pickled Bean
Alberta Mule |
Rum, Grizzly Paw Ginger Beer & Lime
Pineapple Whiskey Sour |
Canadian Whiskey & Pineapple Juice

Berry Brumble | Pitcher 31
Coconut Rum, Grizzly Paw Brumble & Lime

Highlight Passionfruit | Pitcher 31
Vodka Frizz, Mint & Lime Muddler

Hard Lemonade Spritz | Pitcher 31
Vodka, Flavours-Lemon, Mango,
Blueberry, Passion Fruit

Summer Rose Spritz | 31 |
Aperitivo, white wine
Grapefruit juice & Soda

House Sangria Red Or White
Glass 10 | Pitcher 30

Vegan(VP) & Gluten-Free(Gf) options available | GST Extra | 18% gratuity applies to parties of 6+
Please inform us of any allergies & we will try our level best but allergen-free not guaranteed.

721 MAIN ST, CANMORE AB-T1L1C7 PH: 403.675.5550



GRAZE

Local Kitchen · Alberta Inspired · Rustic Comfort Food

ALL DAY

WHITE WINE | Glass | Bottle

House White Pinot | 8 | 30
Pinot Grigio | 14 | 40
Vintage Ink Okanagan Valley BC
Sauvignon Blanc | 14 | 45
Saintly Okanagan Valley BC
Chardonnay | 14 | 50 |
SunDowner, California USA
Rose | 12 | 35 |
La Sanglière Juliette Rosé France

DRINKS

BY BOTTLE PROSSECCO

La Marca | 45 | Italian

Unsworth Charme De lie | 55 | Vancouver Island, BC

Spirits | 1.5 oz 6 | 2 oz 9

Vodka, Rye, Gin, White Rum, Spiced Rum, Whiskey

SPIRITS

Premium Spirits | 9 | 15

Park Distillery Banff | Maple whiskey | Gin
Wild Life Distillery Canmore | Gin | Vodka
Single Malt
Toki Japanese Whiskey
Woodford Reserve Bourbon

**COCKTAIL HOUR 3pm-6pm & 8PM-11PM THURSDAY
TO SATURDAY - Ask the Server for the Menu**

**SEASONAL DAILY SPECIALS STARTS FROM
NOVEMBER - APRIL**

Vegan(V) & Gluten-Free(Gf) options available | GST Extra | 18% gratuity applies to parties of 6+
Please inform us of any allergies & we will try our level best but allergen-free not guaranteed.

721 MAIN ST, CANMORE AB-T1L1C7 PH: 403.675.5550